

Warm wishes to you and your family this Holiday Season!



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Fort Smith Edition

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THERAPEUTIC DEEP TISSUE

www.coffeenewsrivervalleyar.com
rivervalleycoffeenews@duck.com Volume 1:31 November 27, 2023

Everybody's Talking!

Beanbag garment: Have you ever wanted to sit down for a rest, but no chair or couch is available? Now a garment company in Japan called Takikou Sewing has made a beanbag, which are called "bead cushions" in Japan, that is wearable. With arm and neck holes, the garment curves outwards like a pear around the wearer's body. Someone sporting the creation can plunk themselves down anywhere and be assured of a comfy pillow, all the way around their body. Social media postings piqued people's interest. The beanbag outfit comes in several sizes and colors for kids and adults. The larger ones weigh about 5 kg (11 lbs.).

Subway dog: Heather Hamm of New York City had been thinking about getting a dog and had started to investigate where she might obtain one. Then she opened one of her social media accounts to find a post from someone explaining that a dog had been abandoned, tied to a railing, at a subway stop. Hamm immediately headed to the location and found two police officers investigating the situation. She asked if she could take the dog home, and they let her because the pup seemed to like her. The woman and the dog proved to be a great match. Hamm called her new best friend "Peaches," and now they are inseparable.

Protective jeans: If motorcyclists are involved in an accident, they are much more vulnerable to injury than motorists are. That is why a Swedish company called Mo'cycle decided to develop a new kind of airbag. Unlike the ones that pop out of a car's dashboard, this creation pops out of a pair of jeans. The Airbag Jeans are made of special material that looks like denim, with airbags built into the thighs and torso of the pants. The protection covers the bottom part of the spine, along with the thighs and hips. If the bags activate during an accident, they can be deflated and reused. The company also makes an Airbag Vest.

Big bird: Pets can be a variety of shapes and sizes, but only a few people are likely to have a crane for a companion. Mohammed Arif is one of them. From Uttar Pradesh state in India, Arif found an injured sarus crane in a field where he was working on the harvest. He took the feathered creature home with him and rendered some tender loving care. The bird lived in an outbuilding while recuperating, and whenever Arif came home from work, the crane would come to him and stay by his side. Back to good health now, the bird follows Arif everywhere, flying near him on motorcycle rides and accompanying him to the fields.

Quoteable Quotes

The difference between hope and despair is a different ray of telling stories from the same facts." —Alain de Botton

in youth we learn; in age we understand." —Marie von Ebner-Eschenbach

What's Happening

Nov 24th to January 1st Fort Smith Ice Skating- Community Rescue Mission-Open Hours at www.fortsmithiceskating.com See Donated Ad for QR Code

Nov 24th Holiday Markets at Central Mall AND-5111 Rogers Ave-9AM to 11AM

Nov 24th Black Friday

Nov 25th Small Business Saturday

Nov 26th Cars and Coffee-10AM to 1PM

Nov 27th to Dec 3rd Free General Admission-Regional Art Museum RAM-1601 Rogers Ave Fort Smith- Tues Thru Sat 11AM to 5PM and Sunday 1PM to 5PM <https://fsram.org/>

RAM Drop N Draw Thursdays 1PM-3PM & RAM Saturdays Drop in Art Projects Noon- 3PM

Nov 27th to Dec 3rd Janet Huckabee River Valley Nature CTR -Mondays Critter Crunch Animal Feeding- Fridays Snake Feeding- Saturdays Fish Feeding -Canoe and Kayak Program 11:30 to 1:30PM - Archery at 2:30 PM

Nov 27th to Dec 3rd The Bakery District-EVENTS-Yoga, 708 Cornhole, Movie Night, Bookish Storytime <https://bakeryfs.com/happening/>

Nov 27th to Dec 3rd Fort Smith Library System- All Locations- Free Events for Kids, Adults and Families- <https://www.fortsmithlibrary.org/events>

Dec 1st- Dec 23rd Christmas Winter Wonderland- 7300 Wells Lake Rd (Chaffee Crossing)- 479-478-0225- Fridays 5PM to 9PM Saturdays 4PM to 9PM and Sundays 1PM to 5PM

Dec 1st Christmas Honors Wreath Workshop-The Fort Smith Convention Center- www.christmashonors.org/event/wreath-workshop/ 8:30AM

Dec 1st Gaslight Gala-Clayton House-Carriage Rides Live Music-514 N 6th St-6:30PM

Dec 2nd -Dec 3rd Holiday Market @ River Bend- 1400 S. 6th St -

Dec 2nd Annual Holiday Market- Immaculate Conception Church- Fort Smith-9AM

Dec 2nd Little Lions Meet Santa-University of Arkansas-Fort Smith- 9AM

Dec 2nd Christmas Honors Laying of the Wreaths- Fort Smith National Cemetery-8AM

Dec 2nd Basic BrosAttire 5th Anniversary-4th Annual Charity Event-Evans Boys And Girls Club 605 Boys Club Lane- Proceeds go to Fort Smith Boys & Girls clubs and Basic Bros Attire College Scholarship Recipient and Christmas for up to 3 Families 4PM to 10PM

Dec 2nd The Gallery on Garrison- Opening Reception-Free Admission-Live Music-6PM-8PM

Dec 3rd Fort Regional Art Museum-1601 Rogers Ave-FREE Guided Tour- 2PM

Dec 3rd Holiday Home Tour and Brunch- Junior League of Fort Smith-Annual FUNdraiser-700 Rogers Ave- Brunch is at 10AM until Noon- Home Tours start at Noon and end at 4PM

Trivia

1. Sensory awareness of your body's movement is proprioception, kinesthesia, or both?
2. This mountain has the highest peak in Malawi.
3. Arthur Conan Doyle or Agatha Christie wrote *The White Company* in 1891?
4. World's Fair is an international exposition of industrial, scientific, cultural items—T/F?
5. What was the first commercial company to send humans to space?

(Flip bottom of page for answers)

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(Over)

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Publisher



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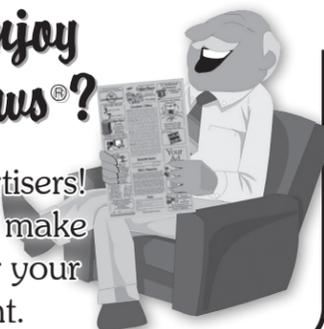


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MKT-PD240

Your Weekly Horoscopes

ARIES

(March 20 - April 19)



Aries sometimes impulsively speak before they completely think through their words. Be aware of this dynamic for the next two months because it may create a conflict for you. Lucky numbers: 7, 15, 22, 28, 30, 31.

TAURUS

(April 20 - May 20)



Taurus-born are usually well grounded in their beliefs and actions. This week may present you with a situation that requires you to make an adjustment to ensure greater success. Lucky numbers: 11, 16, 33, 34, 36, 39.

GEMINI

(May 21 - June 20)



The beginning of this week may be a good opportunity to complete an endeavor you have worked on for the previous month. Evaluate what to change, but wait to act. Lucky numbers: 4, 10, 15, 16, 27, 34.

CANCER

(June 21 - July 21)



You may find yourself particularly emotional at midweek. Express this productively, if you can. Otherwise, take a step back for a few days until this energy passes. Lucky numbers: 14, 15, 20, 38, 40, 47.

LEO

(July 22 - Aug. 22)



Your ability to express the joy of your personality may be heightened at week's end. If you have time, perhaps you can seek an opportunity to take an enlightening journey. Lucky numbers: 10, 13, 15, 19, 21, 28.

VIRGO

(Aug. 23 - Sept. 22)



Unlike some other signs, Virgos generally don't seek out the spotlight. However, for the next couple of months, your precise and detailed work style could be positively highlighted. Lucky numbers: 7, 12, 15, 23, 35, 46.

LIBRA

(Sept. 23 - Oct. 22)



The qualities of Libras can make them good leaders. If you have been reluctant to step into this role, you may have an opportunity to do so in the next two months. Lucky numbers: 3, 5, 9, 10, 13, 14.

SCORPIO

(Oct. 23 - Nov. 21)



The deep intuition of Scorpios sometimes results in relationship difficulties. Right now you may have an opportunity to find a mentor to offer techniques to improve those interactions. Lucky numbers: 2, 12, 20, 26, 35, 41.

SAGITTARIUS

(Nov. 22 - Dec. 20)



Sagittarians are excellent at communicating big ideas, but might overlook the details necessary for manifestation. Now may offer a potential to add a more grounded energy. Lucky numbers: 7, 12, 13, 34, 46, 47.

CAPRICORN

(Dec. 21 - Jan. 19)



This week you may be tempted to dig in your heels on something. Perhaps you should ask yourself if this is in alignment with your highest values, and act accordingly. Lucky numbers: 5, 17, 23, 34, 40, 42.

AQUARIUS

(Jan. 20 - Feb. 18)



Aquarians often focus on serious issues of concern to large groups or humanity overall. While these are serious, you may want to consider adding more joy to achieve balance. Lucky numbers: 1, 2, 6, 9, 25, 29.

PISCES

(Feb. 19 - March 19)



You may feel confused this week about how to proceed. Consider an adjustment to align your endeavors and efforts with whatever objectives you are passionate about achieving. Lucky numbers: 6, 9, 35, 38, 46, 47.

Lucky numbers this week: This week's odds favor Virgo winners with the luckiest number being 7.

Did You Know...

Small but mighty: Eagles and hawks often come to mind as birds of prey. But Southeast Asia's black-thighed falconet (*Microhierax fringillarius*), only 14-16 centimeters (5.5-6.3 in.) long, can pounce on lizards and small birds.

Distance traveled: Most drivers know that a car's odometer shows how far the vehicle goes. Samuel McKeen of Nova Scotia, Canada, invented an early version of this instrument in 1854.

Indian food: Café Lota, in the New Delhi National Crafts Museum, is almost as much of a draw as the museum! The café features an array of dishes from all across India, such as Uttarakhand black bean curry.

Sundogs: Those beautiful, arched beams of colored light that may appear beside the sun on a cold day are called "sundogs." They occur when the sun's light is refracted by ice crystals in the air.

Great painter: Canadian artist Lawren Harris (1885-1970) was an original member of the Group of Seven Canadian landscape painters in the 1920s and 1930s. The group's pioneering style was internationally known.

On the Lighter Side

Knock! Knock! Who's there? Yellow. Yellow who? Yellow! And how are you today?

What's the last thing a writer will ever write? The End.

I didn't know she had false teeth until things came out. In the conversation.

A chicken crossing the road is poultry in motion.

Patient: "What's wrong, doc?"
Doctor: "You have 'pedestrian eyes.' They look both ways before they cross."

Answers

Trivia answers: 1. Both 2. Mt. Mulanje 3. Arthur Conan Doyle 4. True 5. Space

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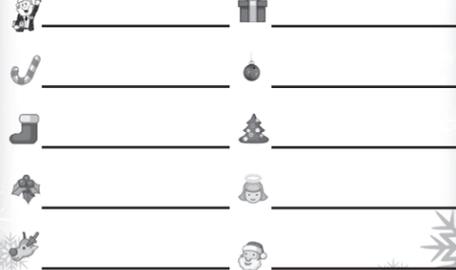
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